

FREE Training Courses

Modern Day Slavery Our Modern Day Slavery Awareness Course will provide the learner with vital key information on how to recognise victims caught up in Modern Slavery within their communities, how to safely report any acts of slavery, plus looking at key legislation and the importance of it. The course is split into four sessions, History to Modern Day, Fact or Fiction, To Walk In Your Shoes and We Can Be The Difference.

Tuesday 16th October 9.30am-3.30pm

Anger Management This course will raise your awareness of emotions, what the triggers are and help you to look for more positive ways of managing anger, behaviours and the impact upon others around you.

Tuesday 23rd October 9.30am-3.30pm

Autism & Asperger's This course will raise awareness of Asperger's and Autism which will help the learners who may be working with or supporting individuals with these conditions. They will understand the conditions better, gain strategies to use and access to local support networks.

Tuesday 30th October 9.30am-3.30pm

Mindfulness Tuesday This course will help the learners to think about being in the moment. To consider the thoughts that can hold them back and think about how they can begin to use more positive thinking moving forwards.

6th November 10.00am-2.30pm

Mental Health Awareness This course gives an overview of Mental Health issues. The course explores the concepts of stress, anxiety and depression in particular.

Thursday 8th November 9.30am-3.30pm

ADHD Awareness This course is for anyone who is interested in learning more about ADHD. This course would also benefit those who wish to support or are currently supporting families.

Thursday 15th November 9.30am-3.30pm

Volunteer Induction This course is for anyone who is interested in pursuing a voluntary role. It will give insight and knowledge into what to expect when volunteering with CSNW, and prepare you fully for your volunteering experience.

Tuesday & Wednesday 20th & 21st November 10.00am-4.00pm

Safeguarding Adults Awareness This course gives an awareness of Safeguarding Children and vulnerable Adults, explore attitudes and values, knowledge about safeguarding, safeguarding legislation, definitions and signs of abuse, categories of child protection, dealing with disclosures and safeguarding procedures.

Thursday 22nd November 9.30am-3.30pm

Creative Christmas Crafts

Monday 26th November 9.30am-3.30pm

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Thursday 29th November 9.30am-3.30pm

BOOK YOUR PLACE

www.csnw.co.uk/whats-on

Call 01254 460080

Email info@csnw.co.uk

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solutions**

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